

# Synkyria — Translational Corpus Binder

SFV + RSN  
v0.1 (living binder)

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## Frontmatter

Synkyria — Translational Corpus Binder (SFV + RSN)

**Binder version:** v0.1 (living binder)

**Base site:** <https://synkyria.github.io>

**Scope:** Structural Phenomenology of Viability (SFV) series and Reader Stabiliser Notes (RSN).

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## Purpose

This binder is a reader-facing map of the SFV+RSN translational corpus. It is designed to let a reader see *the whole set at once*: what each text contributes, how texts pair, and what conceptual yield emerges from those pairings. The binder therefore emphasises *navigation and synthesis* rather than isolated summaries.

## Core stance (one invariant)

Across SFV and RSN, one invariant governs the translation from technical primitives to lived contact:

*The reading must not itself become load.*

This invariant functions as a drift detector: if interpretation increases demand, compels contact, or narrows admissibility, then the translation has become coercive.

## What the reader will find here

- **Series orientation:** how SFV and RSN relate, and how to read the set without converting it into technique.
- **Mini-sections per item:** each SFV/RSN text is described through its role, conceptual yield, key pairings, and location.
- **Synthesis bridges:** a map of what becomes possible when specific items are read together.
- **Catalogues:** quick navigation indexes for SFV and RSN.
- **Author workflow appendix:** how to add new items while preserving coherence and preventing drift.

## Boundary statement (domain-of-validity)

This binder is not a clinical protocol, not a diagnostic instrument, and not a technique manual. SFV maps regimes, not people. RSN prevents misuse modes and reader drift. If the reader begins to hunt for signatures, convert mappings into checklists, or treat regimes as traits, the binder is being used outside its intended domain.

# 1 Reader Orientation (How to Read This Binder)

*This binder is a navigational object. It does not train technique. It organises a translational series (SFV) and its reader-stabilisers (RSN).*

## 1.1 What this binder is

This document collects the SFV and RSN materials as a single reader-facing corpus map. Its purpose is to make the *whole* legible: what each text contributes, how texts pair, and what becomes possible when the pairings are held together without drift.

## 1.2 What this binder is not

This binder is not a clinical manual, not a diagnostic framework, and not a protocol. SFV does not map people; it maps regimes. RSN does not add interventions; it prevents misuse. If the reader turns SFV tables into checklists or converts pairings into instructions (“do X when you see Y”), the binder is being misread.

## 1.3 How to read (recommended order)

1. **Start with SFV-01 and SFV-02** to lock the stance: self as process at the contact boundary, and discernment as finite-horizon (interpretation is not free).
2. **Read SFV-03 next** to keep the translation embodied and field-first.
3. **Then SFV-04 and SFV-05** to stabilise ambiguity and trauma as lawful regimes under constraint.
4. **Then SFV-06** to grasp the paradox of change, and **RSN-01** as its reader stabiliser.
5. **Then SFV-09 and SFV-08** for timing (kairos/micro-kairos) and positive regimes, with **RSN-02** blocking self-help/moralisation drift.
6. **Finally SFV-07** to extend the reading into networked admissibility and governance-scale regimes.

## 1.4 How to use the catalogue

The catalogues are indexes, not summaries. Use them to navigate: (i) what each item yields, (ii) which pairings to read together, and (iii) where to find the corresponding PDFs and entry mini-sections.

## 1.5 Minimal integrity rule

Across SFV and RSN, one rule must remain invariant:

*The reading must not itself become load.*

This rule is the simplest test for drift: if interpretation increases demand, narrows admissibility, or compels contact, the translation has become coercive.

## 2 SFV — Structural Phenomenology of Viability

### 2.1 What SFV is for

SFV is the translational series that renders finite-horizon viability into lived intelligibility *without* collapsing levels. It treats contact and meaning as *late* formations that remain possible only if holding has not collapsed under load.

### 2.2 What SFV is (and is not)

- **SFV is:** regime-reading under finite horizon; a phenomenology of admissibility, load, and holding.
- **SFV is not:** diagnostic taxonomy, technique, protocol, or a claim that mathematics “explains” psychology.

### 2.3 Internal continuity (one arc)

SFV-01 establishes self as process (selfing) at the contact boundary. SFV-02 formalises discernment-before-contact under finite horizon. SFV-03 grounds the translation in embodied coupling. SFV-04 establishes ambiguity as lawful non-closure under finite horizons. SFV-05 reads trauma as compromised holding capacity (collapse-prevention regime). SFV-06 closes the arc: survived form and the paradox of change.

### 2.4 Entries

#### 2.4.1 SFV-01 — Self Before Contact

**Role (in the arc).** SFV-01 establishes the SFV stance at the contact boundary: the self is treated as process (selfing) that arises and is maintained at the boundary of contact, not as a stable personality structure. It sets the field-first orientation: what matters first is the condition of contactability under constraint.

**Conceptual yield (what becomes possible).** The series gains a precise way to speak about “the self” without psychologising it: selfing becomes a structural condition for free contact under finite horizons. This allows SFV to read silence, hesitation, or withdrawal as *field moves* that preserve future contactability, rather than as hidden content.

**Paired-with (what becomes possible when paired with ...).**

- **SFV-02 (finite-horizon discernment):** selfing becomes readable as *costly under constraint*: discernment at the boundary is not “free,” and interpretation can become load.
- **SFV-03 (embodied viability):** selfing is anchored as an embodied regulatory field (capacity, latency, degrees of freedom), avoiding the drift into narrative explanations.
- **SFV-05 (trauma / holding capacity):** selfing clarifies why “reduced contact” may be a collapse-prevention configuration rather than resistance or failure.

**Where to find.** PDF: `sfv-01-self-before-contact.pdf`

## 2.4.2 SFV-02 — Finite-Horizon Discernment Before Contact

**Role (in the arc).** SFV-02 formalises discernment as a finite-horizon phenomenon: as contact *forms* (from pre-contact into contacting), the ability to choose, interpret, and open meaning is constrained by load and reserve. In Gestalt terms, this concerns the pre-contact→contacting transition (not “final contact”). It names the central SFV constraint: *the reading must not itself become load*.

**Conceptual yield (what becomes possible).** This text gives SFV a disciplined translation rule: under low reserve, interpretation can be the primary perturbation. It becomes possible to distinguish *withholding-as-care* from avoidance, and to treat minimalism/pauses as load-sparing strategies that preserve future contactability.

**Notation lock (minimal, non-expanding).** Use  $T$  for the finite time-horizon. Treat holding separately as a finite-horizon holding condition, e.g.  $H(\cdot; T)$  (or  $H_{\text{rig}}(\cdot; T)$  where relevant). Do not conflate horizon with holding.

**Paired-with (what becomes possible when paired with ...).**

- **SFV-03 (embodied viability):** discernment-cost becomes readable as embodied contraction (latency, reduced degrees of freedom), preventing purely cognitive interpretations.
- **SFV-04 (ambiguity as law):** ambiguity becomes a lawful regime under constraint: non-closure can be load-minimising, while forced closure increases demand.
- **SFV-06 (paradox of change):** shows why pushing for change can collapse the conditions that would make change possible (discernment becomes coercive load).

**Stabilised by appendices (anti-protocol membrane).** The compact mapping sheet and guardrails protect the SFV translation from drifting into checklist, diagnosis, or technique: “signatures” are field indications and must not be hunted as symptoms.

**Where to find.** PDF: `Finite_Horizon_Discernment_Before_Contact_plus_app.pdf`

## 2.4.3 SFV-03 — Embodied Viability Protocol

**Role (in the arc).** SFV-03 anchors the SFV translation in embodied coupling: the “human system” is treated as an organismic regulatory field (capacity, latency, degrees of freedom), not as a personality. It makes the translation from technical viability primitives into lived contact readable without turning it into diagnosis or technique.

**Conceptual yield (what becomes possible).** SFV gains a disciplined language for “somatic signatures” as *field indications*: ways a regime appears in lived contact when reserve is low or load is concentrated. This prevents a common drift: treating pre-contact minimalism as psychological avoidance. Instead, the body is read as the interface where admissibility is maintained or collapses.

**Paired-with (what becomes possible when paired with ...).**

- **SFV-02 (finite-horizon discernment):** discernment-cost becomes empirically readable as embodied contraction (latency, reduced responsiveness, reduced degrees of freedom), supporting the rule that interpretation must not become load.

- **SFV-05 (trauma / holding capacity):** somatic indications clarify collapse-prevention regimes: the field may spend capacity merely to prevent breakdown; “opening” demands can collapse remaining reserve.
- **SFV-08 (joy/play/creative transition):** positive regimes become readable as embodied slack: micro-increases in flexibility and peripheral presence, not as motivational content.

**Guarded reading (anti-checklist).** Somatic signatures are not stable symptoms. They are regime-dependent appearances whose meaning shifts with timing, support, and load. The reader must not “hunt” for them.

**Where to find.** PDF: [sfv-03-embodied-viability-protocol.pdf](#)

#### 2.4.4 SFV-04 — Ambiguity as Structural Law

**Role (in the arc).** SFV-04 establishes ambiguity as a lawful regime under finite horizons: non-closure is not a defect to be corrected, but a structural condition of admissibility. It names a crucial SFV constraint: forced closure often functions as interpretive load and can compel contact before the field can afford it.

**Conceptual yield (what becomes possible).** Ambiguity becomes readable as *structural restraint*: the field withholds closure to preserve future contactability. This re-frames common clinical and relational errors: demanding meaning, clarity, or decision under low reserve can become intrusion disguised as help.

**Paired-with (what becomes possible when paired with ...).**

- **SFV-02 (finite-horizon discernment):** ambiguity clarifies why interpretation feels “expensive”: under constraint, the push to resolve can be the perturbation that narrows admissibility.
- **SFV-05 (trauma / holding capacity):** ambiguity becomes a collapse-prevention move: the field refuses premature closure to protect minimal coherence; moralising this refusal escalates load.
- **SFV-06 (survived form / paradox of change):** ambiguity protects against coerced change: it preserves the conditions for later kairos rather than producing forced resolution now.

**Where to find.** PDF: [sfv-04-ambiguity-as-structural-law.pdf](#)

#### 2.4.5 SFV-05 — Trauma and Holding Capacity

**Role (in the arc).** SFV-05 develops trauma as a finite-horizon viability regime: a condition of compromised holding capacity under load, where the field expends most available reserve merely to prevent collapse. It explicitly blocks psychologising trauma as narrative content or moral failure, and reads it structurally: as a regime of constrained contactability.

**Conceptual yield (what becomes possible).** The series gains a clean criterion for clinical and relational error: under low reserve, interpretation and demand can be the primary perturbations. Trauma becomes readable as *collapse-prevention expenditure*: when the system appears “unresponsive,” this may be the field protecting minimal coherence. “Doing more” can be the mechanism of collapse.

**Paired-with (what becomes possible when paired with ...).**

- **SFV-02 (finite-horizon discernment):** clarifies why interpretation can feel extractive: discernment is costly under constraint; meaning-demand increases load and narrows admissibility.
- **SFV-04 (ambiguity as law):** ambiguity becomes a lawful holding move: non-closure preserves contactability; forced closure shifts the regime toward intrusion.
- **SFV-09 (kairos/trauma/non-coercion):** shows why “change” cannot be scheduled: under trauma coupling, kairos windows are fragile; coercion destroys the window.

**Holding is not passivity (active structural care).** Viability-preserving holding is an active presence: regulating demand, timing, and interpretive load so that contact remains free and future contactability is preserved. It is not withdrawal.

**Where to find.** PDF: [sfv-05-trauma-and-holding-capacity.pdf](#)

#### 2.4.6 SFV-06 — Survived Form and the Paradox of Change

**Role (in the arc).** SFV-06 formalises the SFV paradox of change: under finite horizons, attempts to force change often collapse the conditions that would make change possible. “Survived form” names the structural outcome where the field maintains coherence by restricting degrees of freedom; the price is reduced plasticity.

**Conceptual yield (what becomes possible).** SFV gains a precise non-moral explanation for stuckness: non-change can be a viability achievement rather than a failure of will. This allows SFV to state a strong boundary condition: coercion (including coercive interpretation) can function as intrusion and produce re-stabilisation in more rigid forms.

**Paired-with (what becomes possible when paired with ...).**

- **SFV-05 (trauma / holding capacity):** survived form becomes readable as collapse-prevention under compromised reserve; “intensifying” can tighten the form.
- **SFV-02 (finite-horizon discernment):** explains why meaning-demand under low reserve is dangerous: interpretation becomes load, turning contact into extraction.
- **SFV-08 (joy/play/creative transition):** positive regimes appear as micro-windows of reopened admissibility (micro-kairos); premature intensification closes the window.
- **SFV-09 (kairos/non-coercion):** clarifies why kairos is a field condition, not a decision: it must be protected rather than demanded.

**Stabilised by RSN-01.** **RSN-01 (Change Without Coercion)** functions as a readerly stabiliser derived from SFV-06: it prevents the SFV account of non-change from being misread as passivity, resignation, or moral permissiveness, and it blocks the drift into technique or motivational pressure.

**Where to find.** PDF: [sfv-06-survived-form-and-paradox-of-change.pdf](#)  
Reader stabiliser: [RSN\\_01\\_Change\\_Without\\_Coercion.pdf](#)

## 2.5 Extensions (Phase-2)

### 2.5.1 SFV-07 — Cohabited Horizons and Networked Admissibility

**Role (in the arc).** SFV-07 extends SFV from individual contactability into explicitly networked fields: admissibility is distributed across cohabited horizons. It introduces a key shift: what appears as “individual limitation” can be a network regime (burden concentration, fire-walling, sacrificial tails).

**Conceptual yield (what becomes possible).** The series gains a structural grammar for collective phenomena without moralising individuals. It becomes possible to read who carries the load, where slack is concentrated, and how systems preserve viability by allocating collapse-risk to specific nodes or roles. SFV thus becomes immediately compatible with organisational and governance readings.

**Paired-with (what becomes possible when paired with ...).**

- **SFV-05 (trauma / holding capacity):** trauma can be produced or maintained by allocation regimes: when load is concentrated chronically, holding capacity is consumed by collapse-prevention.
- **SFV-06 (survived form / paradox of change):** survived form can be a network outcome: systems stabilise by tightening admissibility and exporting costs (sacrificial tails).
- **SFV-08 (joy/play/creative transition):** positive regimes become distributional: their appearance may require slack not only in the person but in the surrounding network.

**Where to find.** PDF: `sfv_07_cohabited_horizons_and_networked_admissibility.pdf`

### 2.5.2 SFV-08 — Joy, Play, and Creative Transition

**Role (in the arc).** SFV-08 extends SFV beyond collapse-prevention language by introducing “positive regimes” (joy, play, creativity) as *regime indicators*: signatures that admissibility has reopened under finite horizons, rather than goals, traits, or moral ideals.

**Conceptual yield (what becomes possible).** The series gains a non-romantic vocabulary for “good movement”: positive regimes are read as *structural byproducts* of slack, peripheral presence, and open kairos — not as achievements of will. This allows SFV to speak about creative transition without turning it into productivity, motivation, or self-help.

**Paired-with (what becomes possible when paired with ...).**

- **SFV-02 (finite-horizon discernment):** positive regimes become readable as lowered interpretive cost and restored degrees of freedom; the reading itself must not become load.
- **SFV-06 (survived form / paradox of change):** joy/play appear as *micro-kairos* signatures: small windows where change can occur without coercion; premature intensification closes the window.
- **SFV-07 (networked admissibility):** the “availability” of positive regimes can be distributional; their absence may be a network condition (burden concentration), not an individual deficit.

**Stabilised by RSN.** **RSN-02** prevents predictable drift: converting signatures into “shoulds,” moralising refusal, or reducing experience to technical mechanism. It supplies a readerly grammar (slack / peripheral presence / open kairos) and blocks self-help and coercive readings.

**Where to find.** PDF: `sfv_08__Joy__Play__and__Creative__Transition.pdf`  
Companion stabiliser: `rsn_02_positive_regimes.pdf`

### 2.5.3 SFV-09 — Kairos, Trauma, and the Non-Coercion of Change

**Role (in the arc).** SFV-09 clarifies kairos as a structural field-condition: a transient window in which contact and change can occur without coercion under finite horizons. It shows why, under trauma coupling, kairos cannot be scheduled or extracted: coercion destroys the very window that would make change possible.

**Conceptual yield (what becomes possible).** SFV gains a precise account of timing: “readiness” is not a trait but an emergent admissibility window. This allows SFV to explain a common failure mode: misreading small returns of flexibility as unlimited capacity, leading to premature intensification and re-stabilisation (re-tightening) in more rigid forms.

**Minimal mathematical anchor (without turning SFV into a protocol).** Let  $T$  denote the finite time-horizon and  $H(\cdot; T)$  a finite-horizon holding condition. A kairos window is any interval on which admissible contact moves exist without violating holding (i.e. admissibility is non-empty under the current load/reserve regime). A *micro-kairos* is such a window with small duration and fragile reserve: it is readable only if the reading itself does not add load.

**Paired-with (what becomes possible when paired with ...).**

- **SFV-05 (trauma / holding capacity):** explains why trauma work is often “about timing”: holding must preserve the possibility of kairos; interpretive demand can collapse reserve.
- **SFV-06 (paradox of change):** gives the timing-form of the paradox: coercion can trigger survived form re-stabilisation, closing kairos.
- **SFV-08 (positive regimes):** joy/play can be read as micro-kairos signatures (brief reopened admissibility), not as evidence that the constraint regime has ended.

**Where to find.** PDF: `sfv_09_Kairos__Trauma__and__the__Non__Coercion__of__Change.pdf`

## 3 RSN — Reader–Stabilizer Notes

### 3.1 What RSN is for

Reader–Stabilizer Notes (RSN) is the companion line to SFV. RSN texts do not add new machinery; they stabilise interpretation and prevent predictable misreadings of SFV. In other words: RSN protects the translation from becoming a technique, a diagnosis, or a moral frame.

### 3.2 What RSN is (and is not)

- **RSN is:** a boundary layer for readers; a set of stabilisers that keep SFV readable without coercion.
- **RSN is not:** an intervention manual, persuasion method, or a new theoretical engine.

### 3.3 Continuity with SFV

SFV names the regimes (finite horizon, admissibility contraction, holding reserve, discernment cost). RSN names the recurring reader-errors: where interpretation itself becomes load, where non-change is moralised, and where restraint is mistaken for passivity.

### 3.4 Entries

#### 3.4.1 RSN-01 — Change Without Coercion

**Role in RSN.** RSN-01 is a reader-stabiliser derived from the SFV change line: it clarifies what “non-coercion” means structurally and prevents predictable drift when the SFV account is read in clinical, relational, or organisational contexts.

**Conceptual yield (what becomes possible).** The SFV paradox of change becomes actionable as a domain-of-validity statement: when reserve is low and horizons are narrow, coercion (including coercive interpretation) can become the perturbation that collapses contactability. RSN-01 gives a clean ethical consequence without moralising: the point is to keep contact free, so that future change remains possible.

**Paired-with (what becomes possible when paired with ...).**

- **SFV-06 (survived form / paradox of change):** RSN-01 prevents the paradox from being misread as resignation or permissiveness; it frames restraint as viability-preserving structural care.
- **SFV-02 (finite-horizon discernment):** clarifies why interpretation can be load under constraint: non-coercion includes not forcing meaning when the field cannot afford it.
- **SFV-09 (kairos / trauma):** stabilises timing: kairos windows cannot be demanded; coercion destroys the window that would allow change.

**What it is not.** RSN-01 is not a technique manual, not a motivational doctrine, and not a prohibition on presence. It is a guardrail against turning SFV into an instrument of pressure.

**Where to find.** PDF: [RSN\\_01\\_Change\\_Without\\_Coercion.pdf](#)

#### 3.4.2 RSN-02 — Positive Regimes (Joy, Play, Creative Transition): How Not to Misread Them

**Role in RSN.** RSN-02 stabilises the SFV reading of “positive regimes” (joy, play, creativity) so they remain structural indicators rather than ideals or obligations. It prevents a predictable reader drift: converting signatures of reopened admissibility into “shoulds.”

**Conceptual yield (what becomes possible).** Positive regimes become readable without romance and without self-help pressure: they are regime indicators of slack, peripheral presence, and open kairos under finite horizons. RSN-02 therefore protects SFV-08 from moralisation (“be joyful”), from productivity capture (“use play to improve performance”), and from coercive timing (demanding openness on schedule).

**Paired-with (what becomes possible when paired with ...).**

- **SFV-08 (joy/play/creative transition):** locks the interpretation: signatures are not goals, and hunting for them can add load and produce artifacts (pseudo-signal).
- **SFV-02 (finite-horizon discernment):** stabilises the key SFV rule: the reading must not itself become load; “positive” indicators are especially easy to coerce.
- **SFV-07 (networked admissibility):** blocks individualisation: the availability of positive regimes can be distributional (network slack), not personal virtue.

**What it is not.** RSN-02 is not a wellbeing program, not an affect prescription, and not a replacement for SFV. It is a guardrail against misreading.

**Where to find.** PDF: `rsn_02_positive_regimes.pdf`

## 4 Synthesis Bridges (What Becomes Possible When Read Together)

*This section is not a protocol. It is a synthesis map: it states what becomes readable when SFV texts are paired, and what kinds of interpretive drift RSN is designed to prevent.*

### 4.1 Why bridges (and why not a manual)

SFV is a translational series: it renders finite-horizon viability primitives as structural regimes of contactability. Because regimes are not traits, the meaning of any single “signature” depends on pairing: load, reserve, horizon, ambiguity, and timing co-determine what appears at the boundary of contact. Accordingly, the binder emphasises pairings (bridges) rather than isolated “claims.”

RSN sits as a stabiliser layer: it protects the translation from becoming technique, diagnosis, or moralisation, and it preserves the SFV constraint that the reading must not itself become load.

### 4.2 Bridge A: SFV-01 + SFV-02 — Selfing meets finite-horizon discernment

**Core bridge.** SFV-01 treats self as process (selfing) at the contact boundary; SFV-02 specifies that discernment at this boundary is finite-horizon and therefore *costly*. Together, they yield a strict interpretive rule: *meaning-demand can be a perturbation under constraint*.

**What becomes possible.**

- A non-psychologising reading of silence/hesitation: they may be load-sparing moves that preserve future contactability.
- A structural distinction between “withholding-as-care” and avoidance: the difference is not content but regime (reserve/horizon).
- A disciplined boundary on interpretation: under low reserve, interpretation itself can be the primary load.

### 4.3 Bridge B: SFV-02 + SFV-03 — Discernment cost becomes embodied

**Core bridge.** SFV-02 states that discernment is not free; SFV-03 anchors this in embodied coupling (latency, reduced degrees of freedom, global responsiveness contraction). Together, they prevent the drift into purely cognitive explanations.

**What becomes possible.**

- “Somatic signatures” become field indications (regime appearances), not symptoms to be hunted.
- The reader can detect when interpretive pressure is likely to collapse reserve (the reading becomes load).
- The “human system” can be named precisely as an embodied regulatory field without flattening selfing into personality.

### 4.4 Bridge C: SFV-04 + SFV-05 — Ambiguity as lawful holding under trauma

**Core bridge.** SFV-04 establishes ambiguity as structural law under constraint; SFV-05 develops trauma as compromised holding capacity. Together, they yield a strong clinical and relational warning: *forcing closure can function as intrusion.*

**What becomes possible.**

- Non-closure becomes readable as admissibility-preserving restraint, not as indecision to be corrected.
- “Trauma” becomes structurally legible as collapse-prevention expenditure: the field uses capacity to prevent breakdown.
- A clean error model: pressuring meaning or demanding emotional access can trigger shutdown as collapse-prevention.

### 4.5 Bridge D: SFV-06 + RSN-01 — The paradox of change, stabilised against coercion

**Core bridge.** SFV-06 states the paradox: attempts to force change can collapse the conditions for change; non-change can be a viability achievement. RSN-01 stabilises the reader so this is not misread as resignation or moral permissiveness. Together, they formalise non-coercion as a domain-of-validity condition.

**What becomes possible.**

- “Holding” is framed as *active structural care* (regulating demand/timing) rather than therapeutic passivity.
- The ethical consequence is structural, not moral: keep contact free so that future change remains possible.
- The reader avoids technique-drift (“do X when you see Y”): the point is to reduce load, not to steer outcomes.

### 4.6 Bridge E: SFV-09 + SFV-08 + RSN-02 — Micro-kairos and positive regimes without self-help drift

**Core bridge.** SFV-09 clarifies kairos as an admissibility window that cannot be demanded; SFV-08 reads joy/play/creativity as positive-regime indicators of reopened admissibility (often

micro-kairos). RSN-02 stabilises the reading so these indicators are not converted into goals or obligations.

**What becomes possible.**

- “Micro-kairos” becomes readable as a fragile return of flexibility: small windows where contact can occur without coercion.
- Joy/play become regime signatures (slack/peripheral presence), not motivational prescriptions.
- A clean timing warning: misreading micro-kairos as resolution invites premature intensification that closes the window.

#### **4.7 Bridge F: SFV-07 + (SFV-05 / SFV-08) — From individual regimes to networked admissibility**

**Core bridge.** SFV-07 extends admissibility into networked fields: load and slack are distributed, and regimes can be allocated. Paired with SFV-05, trauma becomes legible as a burden-allocation regime; paired with SFV-08, positive regimes become distributional.

**What becomes possible.**

- “Symptoms” can be re-read as network conditions (burden concentration, sacrificial tails) without moralising individuals.
- Holding can be conceived at organisational scale: structural care as redistribution of load and restoration of slack.
- A bridge to the technical corpus language (admissibility, slack, concentration) without reducing lived contact to engineering metaphors.

#### **4.8 Summary: the binder’s minimal promise**

*SFV provides regime-readings under finite horizons; RSN prevents drift. Together they offer a structural clinical grammar: preserve contactability, protect kairos, and ensure that the reading itself does not become load.*

## 5 SFV Catalogue (Reader-Facing Index)

*This catalogue is not a checklist. It is a navigational index: each SFV item names a regime-reading and its conceptual yield. Pairings indicate what becomes possible when texts are read together.*

Item	Conceptual yield (what it adds)	Key pairings (why)
SFV-01	Self as process (selfing) at the contact boundary; establishes field-first contactability under constraint without reducing to personality.	SFV-02 (discernment-cost at boundary); SFV-03 (embodied regulatory field); SFV-05 (collapse-prevention vs “resistance”).
SFV-02	Finite-horizon discernment: interpretation is not free; the reading must not become load. Locks notation: $T$ (horizon) distinct from $H(\cdot; T)$ (holding).	SFV-03 (embodied contraction); SFV-04 (ambiguity lawful under constraint); SFV-06 (paradox of change via load).
SFV-03	Embodied coupling: “human system” as organismic regulatory field (capacity/latency/DoF); somatic signatures as field indications (not symptoms).	SFV-02 (discernment becomes embodied); SFV-05 (trauma as reserve depletion); SFV-08 (positive regimes as embodied slack).
SFV-04	Ambiguity as structural law: non-closure can be admissibility-preserving; forced closure becomes load and can function as intrusion.	SFV-02 (interpretation-cost); SFV-05 (ambiguity as holding under trauma); SFV-06 (anti-coercion of change).
SFV-05	Trauma as compromised holding capacity under finite horizons: reserve spent on collapse-prevention; interpretation/demand can be primary perturbations.	SFV-02 (meaning-demand adds load); SFV-04 (ambiguity lawful holding); SFV-09 (kairos windows under trauma coupling).
SFV-06	Survived form & paradox of change: forcing change collapses conditions for change; non-change can be a viability achievement, not will failure.	RSN-01 (reader stabiliser: non-coercion); SFV-05 (collapse-prevention tightening); SFV-09 (timing/kairos as field condition).
SFV-07	Networked admissibility: shifts SFV from individual to distributed regimes (burden concentration, sacrificial tails); enables organisational/governance readings without moralising individuals.	SFV-05 (trauma as allocation regime); SFV-06 (survived form as network outcome); SFV-08 (positive regimes require network slack).
SFV-08	Joy/play/creative transition as positive-regime indicators: reopened admissibility and slack, not motivational content or ideals; introduces micro-kairos signatures.	RSN-02 (stabiliser: no moralisation/self-help); SFV-02 (reading must not add load); SFV-07 (distributional slack).

*(continued on next page)*

Item	Conceptual yield (what it adds)	Key pairings (why)
SFV-09	Kairos as admissibility window under finite horizons; trauma coupling makes kairos fragile: coercion destroys the window and triggers re-tightening.	SFV-05 (timing under low reserve); SFV-06 (paradox of change, timing form); SFV-08 (micro-kairos signatures).

**Where to find.** Each entry is implemented as a mini-section in `entries/sfv/`, with PDFs linked in the entry.

## 6 RSN Catalogue (Reader-Stabiliser Index)

*RSN items are reader-stabilisers: they prevent the SFV translation from drifting into technique, moralisation, self-help, or coercive interpretation.*

Item	Conceptual yield / what it prevents	Key pairings (why)
RSN-01	Stabiliser for the SFV change-line: clarifies non-coercion structurally; prevents misreading non-change as resignation or permissiveness; blocks drift into technique and motivational pressure.	SFV-06 (paradox of change); SFV-02 (interpretation can be load); SFV-09 (kairos windows cannot be demanded).
RSN-02	Stabiliser for “positive regimes”: locks joy/play/creativity as regime indicators (slack, peripheral presence, open kairos) and blocks self-help, moralisation, productivity capture, and coercive timing.	SFV-08 (positive regimes); SFV-02 (reading must not add load); SFV-07 (distributional slack, not personal virtue).

**Where to find.** Each RSN entry is implemented as a mini-section in `entries/rsn/`, with PDFs linked in the entry.

## A Author Workflow (How to Add New SFV/RSN Items Without Drift)

*This workflow is for maintaining the binder as a living corpus map. It is not a publishing protocol; it is a consistency guard.*

### A.1 Folder conventions (minimal)

- Entries live as mini-sections: `entries/sfv/SFV-XX.tex` and `entries/rsn/RSN-XX.tex`.
- PDFs are stored in the project (or referenced via the site) with stable filenames.
- Catalogue tables live in: `sections/90_catalogue_sfv.tex` and `sections/91_catalogue_rsn.tex`.

### A.2 Add a new SFV item (3 steps)

1. **Place the PDF** with a stable filename (no spaces if possible).
2. **Create the entry mini-section:** `entries/sfv/SFV-XX.tex` using the house structure:  
*Role / Conceptual yield / Paired-with / Where to find.*
3. **Update the SFV catalogue** (`sections/90_catalogue_sfv.tex`) with one line: `yield + key pairings`.

### A.3 Add a new RSN item (3 steps)

1. **Place the PDF** with stable filename.
2. **Create the entry mini-section:** `entries/rsn/RSN-XX.tex` using the house structure:  
*Role / Conceptual yield (what drift it prevents) / Paired-with / Where to find.*
3. **Update the RSN catalogue** (`sections/91_catalogue_rsn.tex`) with one line: `what it prevents + key pairings`.

### A.4 When to add a new “Synthesis”

Use `sections/04_synthesis_bridges.tex` for binder-level synthesis only. Create a separate synthesis note/series *only* when:

- a new pairing introduces a genuinely new conceptual object (not just a navigation hint), or
- the bridges become large enough that the binder stops being readable, or
- you want a publishable synthesis document independent of the binder.

Until then, prefer adding one more bridge paragraph inside Section 4.

### A.5 Drift checks (quick)

Before committing a new entry, verify:

- **No checklists:** signatures are not symptoms; do not instruct the reader to hunt for them.
- **No technique:** no “do X when you see Y” statements.
- **No traits:** avoid collapsing regimes into personality.
- **Keep the invariant:** the reading must not become load.